

Environment Health Safety



PORTABLE FIRE EXTINGUISHERS

Fire Safety : A Burning Topic

February 2023

IN TOUCH EHS Newsletter

www.safetech.co.za

CONTACT US TO PROVIDE THE FOLLOWING SERVICES FOR YOUR BUSINESS:

- EHS Risk Assessments
- Occupational Hygiene Surveys
- Ergonomics Surveys
- EHS Management System Development and Implementation
- Environmental Monitoring
- Identification of EHS Legal Requirements and **Compliance Audits**

National Building South African The Regulations & Building Standards Act is essentially concerned with how buildings are designed and constructed to ensure that they are healthy and safe environments to work in. However, the Act is not a handbook on good building practice. SANS Codes (South African National Standards), developed by the SABS, quide and regulate compliance with the Act.



PORTABLE FIRE EXTINGUISHERS

Portable Fire Fighting Equipment Must Be:

easily accessible

clearly visible and marked with symbolic signs

maintained and in good working order

The SANS 1910 specification provides clear requirements and specifications with regard to the design and manufacture of fire extinguishers.



Fire equipment that does not bear the manufacturing mark of an accredited certification body and comply with SANS and PER (Pressure 1910 Equipment Regulations) cannot be serviced and must be condemned by the service company.



Having the correct number of firefighters available to deal with an emergency is crucial in the case of a fire on site - however, there is no definite number of firefighters a company needs. This can only be determined by the type of hazards a company faces, as well as the number of staff within the company. It is, however, good practice within large companies to have a firefighter per department, should anything go wrong.



- Construction EHS Services
- Construction H&S Files
- Internal Auditor Training
- General EHS Training



Department of Employment and Labour Approved Inspection Authority (OH0049-CI-09)







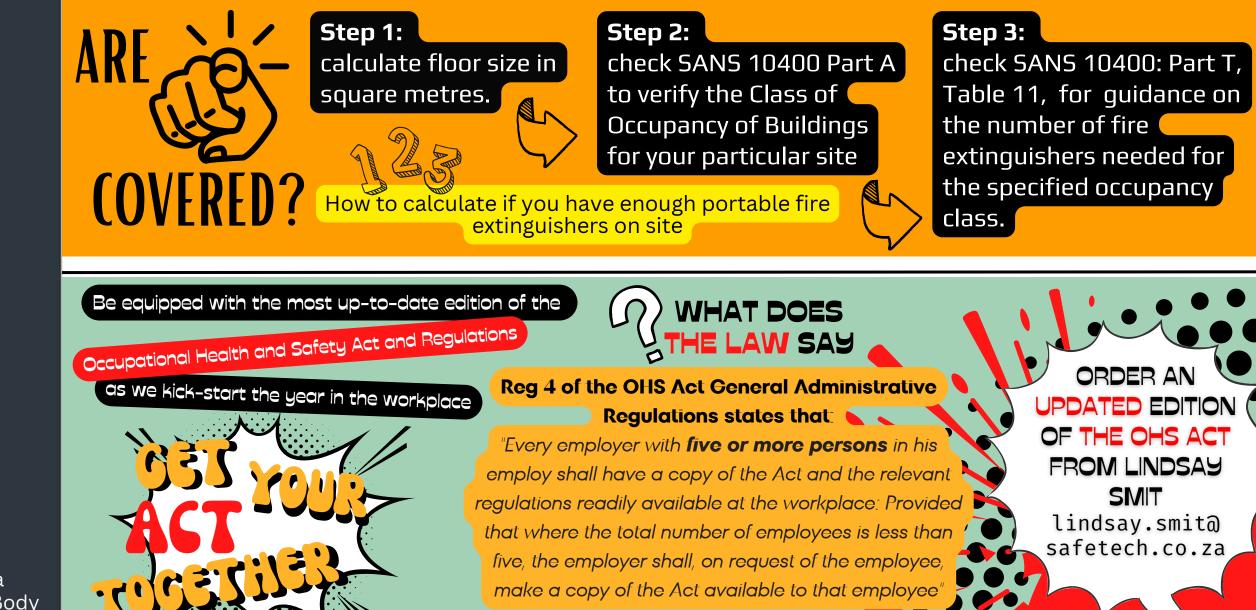
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SANS 1475-1 and SANS 10105-1 covers installation, maintenance and servicing of equipment competent by persons. Extinguishers, fire hose reels and aboveground hydrants must be checked annually with the additional requirement that powder, foam, water and water based extinguishers be pressure tested every 5 years and CO2 extinguishers every 10 years.

Knowing which equipment to use and how to use it is essential. But it is also just as important to ensure that all employees are adequately trained and know what to do in the case of a fire.

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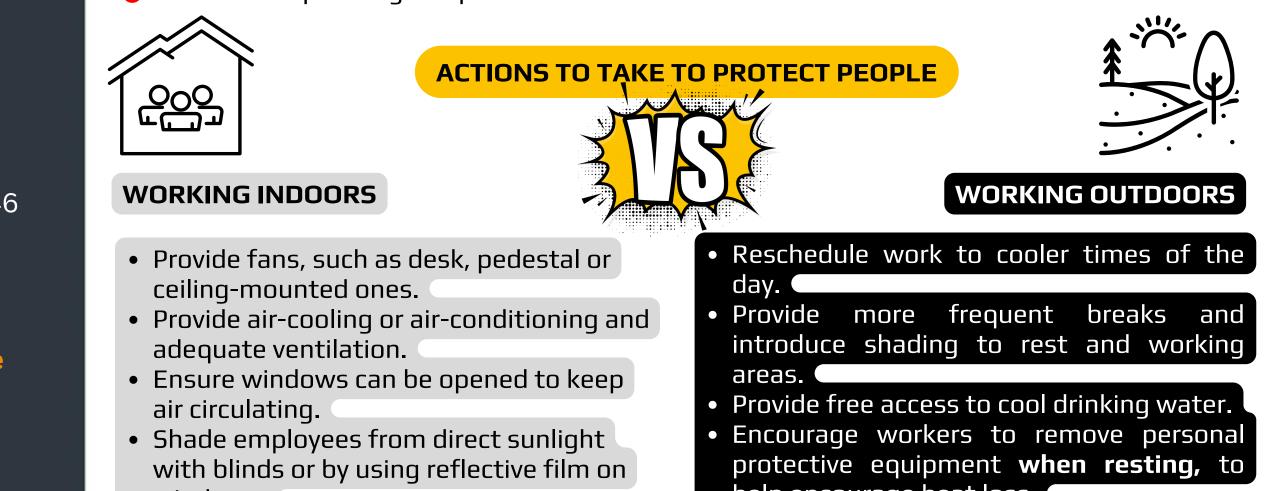


Heat stress is the combined effect of a work environment with high temperatures and the demands of the task being performed. It occurs as a result of heat from the environment being absorbed faster than the body can get rid of it.

The body's temperature regulating mechanism is affected due to this heat load, and resulting heat disorders may occur. The risk of heat stress is increased by any process or job that raises the body's core temperature.

Managing the effects of temperature depends on the following factors:

- whether the workplace is indoors or outdoors
- the normal operating temperature of that environment





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windows.

- Position workstations away from direct sunlight or heat sources.
- Place insulating materials around hot equipment and pipes.
- Introduce flexible working patterns, such as job rotation or moving workers to cooler parts of the building where possible.
- Provide cold water dispensers and allow enough breaks to allow workers to get cold drinks or cool down.
- Relax formal dress codes but make sure personal protective equipment is used if required.

Risks caused by weather can have a serious impact on worker health if they are not properly managed.



MONITOR

workplace temperatures to establish how they are affecting workers

SCREEN

workers who are pregnant / have illnesses or disabilities / are taking certain medication (may include medical surveillance)

REVIEW

working habits and current practices and change these, where necessary, to control the risks

- help encourage heat loss.
- Ensure that workers can recognise the early symptoms of heat stress.

Too much sunlight can cause skin damage including sunburn, blistering, skin ageing and may also lead to an increased risk of skin cancer.

